

Cafeteria

Mediterranean Restaurant



Menu



**A boa comida, boa companhia e
momentos para recordar.**

**To great food, great company, and
moments to remember.**







Couvert

Pão Bread	3,00€
Azeitonas Olives	2,00€
Manteiga Butter	1,50€
(por unidade per unit)	
Paté de Marisco Seafood Pâté	3,00€
Paté de Atum Tuna Pâté	3,00€



Sopas | Soups

Massa de Peixe Fish Soup	5,50€
 Gaspacho Gazpacho	3,90€
 Creme de Legumes Vegetable Cream Soup	4,00€



Entradas | Starters

Amêijoas à Bolhão Pato Clams "Bulhão Pato" Style	20,50€
Berbigão à Portuguesa Portuguese-style Cockles	11,90€
Mexilhão à Portuguesa Portuguese-style Mussels	13,00€
Camarão à Guilho "À Guilho" Shrimp	16,00€
Com alho e malagueta fresca With garlic and fresh chili	
Gambas da Costa (250g) Coastal Shrimps (250g)	20,00€
Queijo Gratinado Gratinated Cheese	11,50€
Com mel, nozes e rúcula, em pão escuro With honey, walnuts and arugula on dark bread	




Tapas

Croquetes de Camarão Prawn Croquette	2,20€
(por unidade per unit)	
Croquetes de Presunto Pata Negra Parma Ham Croquette	2,20€
(por unidade per unit)	
 Revoltos de Legumes Frescos Scrambled Eggs with Vegetables	8,50€
Revoltos de Cogumelos com Bacon Scrambled Eggs with Mushrooms and Bacon	9,50€
Revoltos de Espargos com Camarão Scrambled Eggs with Asparagus & Prawns	10,00€
 Cogumelos Recheados Stuffed Mushrooms	10,00€
 Peixinhos da Horta Fried Green Beans	9,50€
 Pimentos Padrão Grilled Peppers	8,00€
Xerém de Berbigão Cockles "Xerém"	10,50€
Tiras de Choco Fried Cuttlefish Strips	13,50€

Polvo à Galega Octopus "Galega" Style	11,00€
Barriga de Atum Tuna Belly	8,00€
Filete de Cavala Mackerel Fillet	9,00€
Sardinha em Azeite Sardine on Olive Oil	8,00€
Tábua de Queijos Cheese Board	12,50€
Tábua de Enchidos Portuguese Smoked Sausages	13,00€



Bruschetta

Sardinhas Sardines (por unidade per unit)	3,50€
Cavalas Mackerel (por unidade per unit)	3,50€
 Tomate Tomato (por unidade per unit)	2,50€
Panceta (por unidade per unit)	3,00€



Saladas | Salads

 Salada Algarvia Algarvian Salad	8,00€
 Salada Mista Mix Salad	5,50€
Salada Criativa (Novilho) Creative Salad (Veal)	12,50€
Ceviche de Robalo Sea Bass Ceviche Com manga e malagueta fresca With mango and fresh chilli	14,00€
Tataki de Atum Tuna Tataki Com sésamo, manga, ovo e molho vinagrete With sesame, mango, egg and vinaigrette sauce	17,50€



Peixe | Fish

Pataniscas de Bacalhau Codfish Fritters Com arroz de berbigão With cockles rice	16,50€
Polvo à Lagareiro Octopus "à Lagareiro" Com batata a murro, couve e espinafres With potatoes, cabbage and spinach	20,50€
Bacalhau no Forno Baked Cod Com broa e alheira, couve salteada e batata a murro With bread and sausage, sautéed cabbage and fried potatoes	22,00€
Tranche de Salmão Grelhado Grilled Salmon Tranche Com batata a murro e legumes salteados With baked potato and sautéed vegetables	18,50€

- Robalo Grelhado** | Grilled Seabass 18,00€
Com batata a murro e legumes salteados
 With baked potato and sautéed vegetables
- Dourada Grelhada** | Grilled Seabream 17,50€
Com batata a murro e legumes salteados
 With baked potato and sautéed vegetables



Carne | Meat

- Assado de Vitela à Portuguesa** | Portuguese Roasted Veal 17,50€
Com batata salteada
 With sautéed potatoes
- Naco do Acém Grelhado (400g)** | Grilled Steak (400g) 41,00€
Com batata salteada
 With sautéed potatoes
- Lombinho de Porco** | Pork Loin 18,00€
Com berbigão
 With cockles
- Bochecha de Porco Preto** | Black Pork Cheeks 17,00€
Com batata salteada
 With sautéed potatoes
- Abanicos de Porco Preto** | Black Pork "Abanicos" 19,00€
Com batata salteada
 With sautéed potatoes
- Costeletas de Borrego** | Lamb Chops 19,50€
Com batata salteada
 With sautéed potatoes
- Bitoque de Lombo** | Fillet Steak 17,50€
Com ovo e batatas fritas
 With egg on top and chips
- Esparguete Bolonhesa** | Bolognese Spaghetti 16,50€
- Hamburguer Artesanal (200g)** | Homemade Burger (200g) 17,50€
Com queijo cheddar, bacon, cebola, tomate, alface e batata frita
 With cheddar cheese, bacon, onion, tomato, lettuce and chips



Acompanhamentos | Side Dishes

-  **Batata Frita** | French Fries 5,90€
-  **Batata a Murro no Forno** | Oven-baked Smashed Potatoes 5,00€
Com sal, oregãos e alho
 With salt, oregano and garlic
-  **Batata Salteada** | Sautéed Potatoes 6,00€
Com alho, paprika e oregãos
 With garlic, paprika and oregano
-  **Arroz** | Rice 4,00€
-  **Legumes Salteados** | Sautéed Vegetables 5,50€



Vegetarianos | Vegetarians

Esparguete Spaghetti Com legumes salteados With sautéed vegetables	12,50€
Esparguete Spaghetti Com molho de tomate e queijo gratinado With tomato sauce and gratinated cheese	11,00€
Lasanha Vegetariana Vegetarian Lasagne	11,00€
Batata Gratinada Potato Gratin	8,90€



Menu de Crianças | Kids Menu

Esparguete à Bolonesa Spaghetti Bolognese	8,00€
Lasanha Lasagna Bolonesa com carne de bovino Bolognese with beef	11,00€
Hambúrger Burger Com batata frita With french fries	9,50€
Peito de Frango Grelhado Chicken Breast on the Grill Com batata frita With french fries	12,00€
Nuggets de Frango Chicken Nuggets Com batata frita With french fries	8,50€
Douradinhos Fish Fingers Com batata frita With french fries	10,00€



Sobremesas | Desserts

Mousse de Chocolate Chocolate Mousse	6,00€
Mousse de Lima Lime Mousse	6,90€
Pudim de Ovos Egg Pudding	6,00€
Manjar de Coco Coconut Pudding	5,50€
Mousse de Chocolate Branco e Negro White & Dark Chocolate Mousse Com morangos With strawberries	7,50€
Bolo de Nozes e Ovos Moles Nuts Cake and Sweet Eggs	6,00€
Melão ou Abacaxi Melon or Pineapple	4,50€

Declara-se que, pela sua composição e/ou método de preparação, estes alimentos, poderão conter: aipo, amendoins, crustáceos, dióxido de enxofre/sulfitos, frutos de casca rija, glúten, leite, moluscos, mostarda, ovos, peixes, sementes de sésamo, soja e/ou tremçoço. Caso necessite de informação mais detalhadas, solicite-a a um dos colaboradores. Nenhum prato, produto alimentar ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado. IVA incluído. Livro de reclamações disponível.

It is hereby declared that, due to their composition and/or method of preparation, these foods may contain: celery, peanuts, crustaceans, sulphur dioxide/sulphites, nuts, gluten, milk, molluscs, mustard, eggs, fish, sesame seeds, soya and/or lupins. If you need more detailed information, please ask one of the team. No dish, food or drink, including the couvert, can be charged if not requested by the customer or it is was not consumed. VAT Included. Complaints book available.

Obrigado!

Thank you!

